Grittleton Adventures 2025 Kit List

Please find below the kit list for your children to bring on their residential trip with Grittleton Adventures:

- Nightwear
- Duvet Cover (single) and Pillowcase (duvet and pillow provided)
- Slippers – Please Ensure Slippers are Included
- Toiletries bag and contents
  (Including but not exclusive to - Tooth Brush & Paste, flannel, Shower Gel/Shampoo, hairbrush)
- Towel (to be used in accommodation for Showering/Washing)
- Old sweatshirts or fleeces
- T-shirts – recommended 6 for a 4-Night trip and 4 for a 2-night trip
- Shorts (knee-length)
- Strong, loose-fitting trousers/tracksuit bottoms – Recommended at least 4 pairs of for 4-Night trips, 3 pairs for 2-night trips
- Underwear – 6 for 4-nights trips 4 for 2-night trips
- At least 6 pairs of socks for a 4-night trip and 4 pairs for a 2-night trip
- 2 pairs of trainers - non-designer recommended
- 1 pair of very old trainers for wet/muddy activities
- Waterproof coat (and waterproof trousers if possible)
- Small rucksack
- Named bin liners (not black) for bringing any damp or wet clothes/towels home (black bin liners can be mistaken for rubbish bags!)
- Plenty of appropriate factor sun cream
- A sunhat
- Packed lunch for arrival day
- Any medication required including spare asthma inhalers
- Refillable drinking water bottle

This is our standard recommended kit list, however dependent on the time of year you are visiting us or if we are experiencing unseasonably warm/cold weather conditions it may be necessary for you to amend some of the garment quantities listed above accordingly.